

# The Season of Lent

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Ash Wednesday			
First Sunday (Quadragesima)			Ember Day		Ember Day	Ember Day
Second Sunday						
Third Sunday						
Laetare Sunday						
Passion Sunday: Passiontide begins					The 7 Sorrows of Mary	
Palm Sunday: Holy Week begins			Spy Wednesday	Maundy Thursday: the Sacred Triduum begins	Good Friday	Holy Saturday